



Spring/Summer 2009 CSA Registration

Rev. 5 4/8/2009

A. Contact Information: *Returning customers only need to complete new information and name field*

Member Name		Co-Member	
Street Address		City, Zip Code	
#1 Phone		#2 Phone	
Email 1		Email 2	

B. Pick-Up Location: *Pick 1-If you would like information about starting a new delivery location please email us.*

DAY	TRUCK ROUTE	X	TIME	LOCATION NAME	ADDRESS
Wednesday	#1		9:00-9:30am	Spring Hill: Evans Park	Beechcroft/Maury Hill Rds, Spring Hill
			10:30-11:00am	Vanderbilt University: Disciples House	1917 Adelia St, Nashville
			11:15-11:30am	St. Ann's Catholic School Unclaimed shares left in teacher's lounge until 2pm	5101 Charlotte Avenue, Nashville
			11:45-2:45pm	Corporate Deliveries: Farm Fresh at Work	METRO, BASS, H3GM, CMT, CMHF, SESAC, BofA
			3:00-3:30pm	Riverside Village/Mitchell's Deli	1400 McGavock Pike, Nashville
			3:45-4:30pm	Eastwood Christian Church	1601 Eastland Ave, Nashville
			4:45-5:15pm	Coleman Park: Community Center Upper parking lot next to the community garden	384 Thompson Lane, Nashville
			6:00-6:15pm	Murfreesboro Farmers Market	312 South Front Street, Murfreesboro
	#2		11:00-1:30pm	Corporate Deliveries: Farm Fresh at Work	ADAM, DAVE, EMMA, AFFINION, AIM
			2:45-3:15pm	Montgomery Bell Academy	4001 Harding Road, Nashville
			4:00-4:30pm	Westhaven Community: Resident's Club Unclaimed shares left in the Resident's Club	111 Westhaven Blvd., Franklin
			5:00-5:30pm	Brentwood United Methodist Church	309 Franklin Road, Brentwood
			6:15-6:30pm	St. Matthew's Catholic Church Unclaimed shares left in Church Kitchen	535 Sneed Road, Franklin
FARM		11:00-4:00pm	On Farm Pickup: Avalon Acres Farms	750 Piney Creek Road, Hohenwald	
Friday	#3			Corporate Deliveries: Farm Fresh at Work	Cummins Station AMSurg, XMI Nissan Americas
Sunday	#4		9:00-9:30am	Calvary United Methodist Church	3701 Hillsboro Pike, Nashville
			9:45-10:15am	St. Henry Parish Catholic Church	6401 Harding Road, Nashville
			10:45-11:15am	Kingston Springs-The ARC	335 Oak St, Kingston Springs
			1:15-1:45pm	St. Luke's Episcopal Church	309 East Baltimore Street, Jackson
	#5		8:30-8:45am	Otter Creek Church of Christ Unclaimed shares left at Church	409 Franklin Road, Brentwood
			9:30-9:45am	Christ Church Cathedral	136 9th Ave N, Lifeway Lot, Nashville
			10:15-10:45am	Edgehill United Methodist Church	1502 Edgehill Avenue, Nashville
			11:45-12:30pm	Belmont United Methodist Church	2007 Acklen Avenue, Nashville
			1:00-1:45pm	Eastwood Christian Church	1601 Eastland Avenue, Nashville
			2:30-2:45pm	The Factory at Franklin	230 Franklin Road, Franklin



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Rev. 5 4/8/2009

C. Schedule of Deliveries

The Spring/Summer Schedule will start (weather permitting) on **Sunday, May 3rd, Wednesday May 6th and Friday May 8th** and will run for 26 consecutive weeks with no breaks. This will wrap up the season in late October. We suggest you find someone to pick up your share for you if you cannot make the pickup. We will redeliver shares for a minimum \$10 redelivery fee if you contact us within one day of the missed pickup. If a customer fails to call, **UNCLAIMED SHARES ARE FORFEITED.**

D. About Portion Sizes and Packages

We try to be as flexible as possible for your convenience. As a result, you can build your box customized to suit your needs. You can choose "packages" or you can piece it together from individual items or both. It partly depends on if you like to be surprised or not. It is not necessary to buy a package, but we do have a \$20 minimum order. **You will also have an opportunity to buy extras through a special orders e-mail that goes out before each delivery.**

MEATS: If you choose a meat package, we will rotate through different types and cuts of meat for you based on our inventory and what you've received before. Ordering packages makes life a lot easier on us as we can balance our inventory much better. That's why we make packages a better value... you get a bit more for less money. We try and assure you get an average value of around \$9, \$10 or \$12 per portion (chicken, pork, beef)... sometimes it's more and sometimes less, depending on cuts. **One "meat portion" is, at minimum, enough for one meal for two adults.** If you have a larger family, you may want to order more than one package or portion. If you order two of the same meat portions and want it all the same meat so you can feed four or more, just check the box that says, "I am feeding a family" down below in section F. We have free-range chicken, turkey beef and pork available for CSA shares.

PRODUCE: Fruits and vegetables are available only in packages except for occasional extras that are available off of the truck. Certain fruits that are insufficient in quantity to give to everyone will be made available on a special order basis. You will receive weekly what is being harvested according to its season in quantities explained below. This volume may increase or decrease based on the weather and the nature of the mix provided. We strive to give you, at minimum, what you ordered. We cannot guarantee what produce you will receive in your box. There should be enough food to share with your neighbor or swap with another member if you don't like a particular vegetable.

Meat & Egg Package 1 Chicken Portion, 1 Pork Portion, 1 Beef Portion, 1 Breakfast Meat and 1 Dz Eggs

Feeds 2 adults for at least 3 meals along with breakfast meat and a dozen eggs. When you complete the registration form you'll have an opportunity to state your preferences (e.g., say you don't eat pork or you don't want to receive beef, etc.) **We will fill in with more of the meats you like.** We suggest TWO meat packages per delivery if you are feeding a family of 4 or more.

Examples of "Portions" (all weights approximates):

1 Chicken = 1 Chicken (whole) or 1 Pkg (3) Breasts or 2 Pkg (12) Wings or 2 Pkg (3) Leg Qtrs

1 Pork = 1 Pkg (2) Pork Chops or 1 Pkg (2) Ham Steaks or 2# Roast (Smaller Portions may be supplemented with Ground Pork)

1 Beef = 1 Pkg (2) Steaks, 2# Short Ribs, 2# Roast (Smaller Portions/ Lesser Cuts may be supplemented with Ground Beef)

1 Breakfast Meat = 1# Package Sugar Cured Bacon, Jowl, Sausage Chub or Links

Produce Only Packages ¼ or ½ bushel of fresh produce (depending on selection)

A quarter bushel is equivalent to about a large shoebox full of food (depends on mix). A half-bushel is about twice that or around 2/3 of a paper grocery bag.

Meat & Produce Packages ¼ or ½ bushel of fresh produce plus a meat portion (s) and eggs

Meat, produce and eggs combined in one package. Available in "standard" (single meat portion) and "family" (double meat portion) sizes. Both packages contain one dozen eggs.



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Rev. 5 4/8/2009

E. Build your Package

	Item	Description	Weekly Cost	Qty	Extended Price
Packages	Produce Only Family Share	½ bu. Seasonal Produce	\$35.00		
	Meat & Produce Family Share	½ bu. + 2 Meat Portions & Eggs	\$55.00		
	Produce Only Standard Share	¼ bu. Seasonal Produce	\$20.00		
	Meat & Produce Standard Share	¼ bu. + 1 Meat Portion & Eggs	\$30.00		
	Meat & Eggs Share	3 Meats, BF Meat and 1 dz. eggs	\$40.00		
Portions	Chicken	(Rotated cuts)	\$11.00		
	Turkey	(Rotated cuts)	\$12.00		
	Pork	(Rotated cuts)	\$10.00		
	Beef	(Rotated cuts)	\$12.00		
	Standard Steak Lovers	(Rotated cuts)	\$13.50		
	Premium Steak Lovers	NY Strip, Rib Eye, Filet only	\$17.50		
A La Carte Items	Chicken Breast Package	1.5 lbs	\$12.50		
	Chicken Leg Quarters	1.5 lbs (three legs)	\$5.50		
	Whole Chicken	3 lbs.	\$11.25		
	Beef Roast	2 lbs.	\$10.00		
	Ground Beef (chub)	1 lb.	\$4.50		
	Ground Beef Patties	4 ¼-lb burgers	\$5.00		
	Beef Summer Sausage (chub)	1 lb.	\$5.00		
	Pork Roast	2 lbs.	\$9.50		
	Pork Chops	1 lb. (2 chops)	\$10.50		
	Breakfast Sausage	1 lb. chub	\$5.00		
	Breakfast Links	5 large links	\$5.25		
	Breakfast Links Hickory Smoked	5 large links	\$5.50		
	Bacon (Sugar Cured)	.75 - 1 pound	\$7.50		
	1 Dozen Eggs	Farm Fresh Brown Eggs	\$4.00		
	6 Cinnamon Sweet Rolls	Homemade Amish Baked	\$6.00		
1 Loaf Wheat Bread	Homemade Amish Baked	\$3.50			
Enter your total weekly cost (\$20 minimum order) =					<input style="width: 100px; height: 20px;" type="text"/>

F. Select your Meat Package Preferences

I am feeding a family and would like to get more of the same type of meats

CIRCLE Which Meats you DO NOT wish to receive in your Package

BEEF	PORK	TURKEY	CHICKEN
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Rev. 5 4/8/2009

G. Calculate Your Payment

You can pay two ways... full prepay (get a 10% discount) or "Pay As You Go"

$$\text{Prepay} = \frac{\text{Per Delivery}}{\text{X 26}} = \frac{\text{Total cost}}{\text{- 10\%}} = \frac{\text{Actual Cost}}{\text{+ \$25.00}} = \frac{\text{Payment}}$$

$$\text{Pay As You Go} = \frac{\text{Per Delivery}}{\text{+ \$25.00}} = \frac{\text{Advance Payment}}$$

Note: This pay as you go amount is for mail in registrations. If you bring payment to the first delivery, you need to pay TWO weeks payment + \$25.

Please enclose check and make check payable to "Avalon Acres Farms, LLC"

The membership fee is \$25.00 per season and is **non-refundable**. This entitles you to discounted pricing on your shares (from our regular retail prices) as well as discounts on any additional food you purchase (20% discount on products).

For "Pay As You Go" customers, your first payment is applied to the last delivery of the season. It serves as a deposit and assumes you will participate for the entire program. Starting the first delivery, you will pay the "per delivery" charge every week excepting the last delivery of the season at which time your deposit is applied and no money is collected. **If you choose to cancel early, this deposit is forfeited and cannot be used to pay for your final delivery received.**

H. CSA Member/Farmer Agreement

I, _____, commit to membership in the Avalon Acres Farms CSA for the 2009 summer season. As a member, I commit myself to supporting the farm with the payment schedule I have indicated above and to picking up my share at the location I indicated in section B. I fully understand pickups will be every week for 26 deliveries running from spring through fall '09. If I am unable to pick up my food I will arrange to have someone pick it up for me. I understand that if I do not pick up my share it will be donated to charity or be reabsorbed back into the CSA collective at Avalon Acres' discretion; I do not expect my share to be saved for me unless I contact Avalon Acres within one day of the missed delivery and agree to pay a minimum \$10 redelivery fee to cover costs of handling and refreshing share. I understand that I am committing to support the farm for the entire season and that if I cancel I will not expect any refunds whatsoever.

I understand packaging materials are recycled to keep cost down and will do my best to return them.

I also understand all of the following: Members support the farm by sharing in the inherent *risks* of agriculture (poor weather, drought, disease, early frost, crop failure, predators etc.) and in the *rewards* of bounty (extra food, heavier shares) from a good season involved in farming. CSA farmers purposely plan for such contingencies, and use growing techniques that protect the harvest, minimize the risk to members and optimize the rewards; growing a wide variety of crops that thrive in different types of conditions. The CSA is built on a relationship of trust between the farmer and the community group. On the whole, members will get a variety of vegetables, eggs and cuts of meat in plentiful amounts (depending on which plan selected), although the share size may vary depending on the weather and season. I accept that there is no guarantee as to exactly what I will receive in my share. The winter season is generally not affected by weather conditions and typically meats are not affected by weather.

Most importantly, I understand my farmers know how much my business means to them. ☺

Member Signature

Date

*** Please include all sections of the registration form when you mail it in. This includes Sections A-H**